



Cypress Aquatic Center  
 981 George W. Engram Blvd., Daytona Beach  
 (386) 671-8392

**Hours:**  
 Monday-Saturday  
 10 a.m. to 8 p.m.

Name	Description	Ages	Cost	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Aqua Zumba with Monica</b>	Enjoy a Zumba workout in the water.	All ages	Free		6:45 to 7:45 p.m.				
<b>Swim League</b>	Swimmers must be able to swim length of pool.	7 to 15 years	Free						10 to 11 a.m.
<b>USRP Swim Team</b>	This swim team trains to swim at race speed and focuses on a variety of skills.	5 years to 14 years	Price varies	2:15 to 6:45 p.m.	2:15 to 6:45 p.m.	2:15 to 6:45 p.m.	2:15 to 6:45 p.m.	2:15 to 6:45 p.m.	10 to 11:30 a.m.
<b>Open Swim</b>	Recreational swimming is open to the public.	All ages	\$3 for adults \$2 for youth	10 a.m. to 8 p.m.	10 a.m. to 8 p.m.	10 a.m. to 8 p.m.	10 a.m. to 8 p.m.	10 a.m. to 8 p.m.	10 a.m. to 8 p.m.
<b>Lap Lanes</b>	Lap lanes is open to the public.	All ages	\$3 for adults \$2 for youth	10 a.m. to 8 p.m.	10 a.m. to 8 p.m.	10 a.m. to 8 p.m.	10 a.m. to 8 p.m.	10 a.m. to 8 p.m.	10 a.m. to 8 p.m.

*Programs available as of Sept. 15, 2023. Please note programs are subject to change.*